


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ~10:30AM – Interdenominational Newgate Church Service (Chapel) 1:30PM- Resident-led Movie Matinee “The Buddy Holly Story” (library)	2 10:15AM- Montessori (box) 12:00PM- Lunch (dining room) 3:00PM- Active Games “Horseshoe Toss” (box) Purim Begins	3 10:30AM – Health Arts “Violin & Guitar” (chapel) ~11:00AM- Rosary (library) 12:00PM- Lunch (dining room) 1:30PM- Table top coloring & puzzles (box)	4 *9:45AM- Chrysalis Volunteer Group (boxwood dining room) ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 1:30PM- Short stories (box)	5 ~11:00AM- Rosary (Chapel) 11:00AM- Men’s Program “Car Trivia” (box) 12:00PM- Lunch (dining room) 2:00PM- Happy Hour w/ Ken Holmes (ash-2 nd floor)	6 10:00AM- Sensory w/ Marian ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 1:30PM- Bingo (box) ~3:00PM- Bible Study (library 3 rd floor)	7 *Volunteer Programs Today (Subject to change) 12:00PM- Lunch (dining room) 1:30PM- Sing along w/ Jeff (box) *2:00PM – Hand in Hand w/ God (library)
8 ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) Daylight Saving Time Begins	9 10:15AM- Montessori food prep w/ Marian “Chocolate dipped treats” (box) 12:00PM- Lunch (dining room) 1:30PM- Enjoying food prep w/ Marian (box) 3:00PM- Active Games “Mini Putt” (box)	10 10:30AM- Circle of Rhythm Drum Circle (chapel) ~11:00AM- Rosary (library) 12:00PM- Lunch (dining room) 1:30PM- Table top coloring & puzzles (box) *5:45PM- SFXC Hymn Sing (box)	11 *9:45AM- Chrysalis Volunteer Group (boxwood dining room) ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 12:00PM- Luncheon “KFC” – please sign up 1:45PM- Resident Council (ash 2 nd floor) 3:00PM – Sing-along w/ Jeff (box)	12 Staff education 11:30 *Kermit visits morning ~11:00AM- Rosary (Chapel) 12:00PM- Lunch (dining room) 1:30PM- Saint Patrick’s Craft (box)	13 ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) *Time change* 3:00PM- Bingo (box) ~3:00PM- Bible Study (library 3 rd floor)	14 *Volunteer Programs Today (Subject to change) 12:00PM- Lunch (dining room) *2:00PM – Hand in Hand w/ God (library) 3:00PM- Eldar on the Piano (greatroom)
15 ~10:30AM – Interdenominational Newgate Church Service (Chapel) 12:00PM- Lunch (dining room) 1:30PM- Resident-led Movie Matinee “The Glenn Miller Story” (library)	16 10:15AM- Montessori (box) 12:00PM- Lunch (dining room) 1:30PM- Jessie the Pony (greatroom)	17 ~11:00AM- Rosary (Chapel) 11:00AM- Active Drumming w/ Jeff (box) 12:00PM- Lunch (dining room) 1:30PM- A Wee Bit of Irish Humor – Story Time (box) 3:00PM- Blakey O’Brien Kids Irish Dance (greatroom) St. Patrick’s Day	18 *9:45AM- Chrysalis Volunteer Group (boxwood dining room) ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 1:30PM – Bus Outing - Country Drive to Okotoks (pls sign up)	19 ~11:00AM- Rosary (Chapel) 11:00AM- Ladies Program “Fashion in the 60’s” (box) 12:00PM- Lunch (dining room) 3:00PM- Short stories (box)	20 10:00AM- Sensory w/ Marian ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 2:00PM- Saint Patrick’s Happy Hour w/ Smokin Toad Revival (ash – 2 nd floor) ~3:00PM- Bible Study (library 3 rd floor) Spring Begins	21 *Volunteer Programs Today (Subject to change) 12:00PM- Lunch (dining room) 1:30PM- Act on to Go w/ Marian (box) *2:00PM – Hand in Hand w/ God (library)
22 ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room)	23 10:15AM- Montessori (box) 12:00PM- Lunch (dining room) 3:00PM- Active Games “Basketball” (box)	24 *Kermit visits morning ~11:00AM- Rosary (Chapel) 11:00AM- Active Drumming w/ Jeff (box) 12:00PM- Lunch (dining room) 1:00PM- Hymn Sing w/ Juli (aspen) 2:30PM- New Resident and Family Welcome Tea	25 *9:45AM- Chrysalis Volunteer Group (boxwood dining room) ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) 2:00PM- Birthday Party w/ Walking on Sunshine (ash – 2 nd floor)	26 ~11:00AM- Rosary (Chapel) 11:00AM- 12:00PM- Lunch (dining room) 2:00PM- Handbell Choir (chapel) 3:45PM- Music Therapy (box)	27 ~10:30AM – Mass (chapel) 12:00PM- Lunch (dining room) *time change* 3:00PM- Bingo (box) ~3:00PM- Bible Study (library 3 rd floor)	28 *Volunteer Programs Today (Subject to change) 12:00PM- Lunch (dining room) 1:30PM- Sing along w/ Jeff (box) *2:00PM – Hand in Hand w/ God (library)
29 ~10:30AM – Interdenominational Newgate Church Service (Chapel) 12:00PM- Lunch (dining room) 1:30PM- Resident-led Movie Matinee “La Bamba” (library) Palm Sunday	30 10:15AM- Montessori (box) 12:00PM- Lunch (dining room) 3:00PM- Active Games “Darts” (box)	31 10:30AM- Health Arts “Singer Songwriter” (chapel) ~11:00AM- Rosary (Chapel) 12:00PM- Lunch (dining room) 1:30PM- Table top coloring & puzzles (box)	 <h1 style="font-family: cursive;">March 2026</h1> <p>Boxwood – 3rd floor.</p>			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p> <p>~10:30AM – Interdenominational Newgate Church Service (Chapel)</p> <p>1:30PM- Resident-led Movie Matinee “The Buddy Holly Story” (library)</p>	<p>2</p> <p>*10:00AM- Exercise w/ Chris (aspen)</p> <p>11:15AM- Whiteboard Word Games (aspen)</p> <p>*1:30PM- Horse Races (ash-2nd floor)</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p>3</p> <p>10:30AM – Health Arts “Violin & Guitar” (chapel)</p> <p>~11:00AM- Rosary (Library)</p> <p>3:00PM- Name That Tune w/ Jeff (aspen)</p>	<p>4</p> <p>10:00AM- 1-1 Visits (aspen)</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise (aspen)</p> <p>3:00PM- Women’s History Month Bingo (aspen)</p>	<p>5</p> <p>~11:00AM- Rosary (Chapel)</p> <p>2:00PM- Happy Hour w/ Ken Holmes (ash-2nd floor)</p>	<p>6</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise (aspen)</p> <p>1:30PM- Bingo (2nd floor ash)</p> <p>~3:00PM- Bible Study (library 3rd floor)</p>	<p>7</p> <p>*Volunteer Programs Today (Subject to change)</p> <p>*11:00AM- Bible Study w/ Volunteer Antony (library 3rd floor)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p>3:00PM- Sing-Along w/ Jeff (aspen)</p>
<p>8</p> <p>~10:30AM – Mass (chapel)</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>9</p> <p>*10:00AM- Exercise w/ Chris (aspen)</p> <p>11:15AM- Word Up! True or False Word Matching (aspen)</p> <p>*1:30PM- Horse Races (ash-2nd floor)</p>	<p>10</p> <p>10:30AM- Circle of Rhythm Drum Circle (chapel)</p> <p>~11:00AM- Rosary (Library)</p> <p>3:00PM- Karaoke w/ Jeff</p>	<p>11</p> <p>10:00AM- Spa w/ Corrina (aspen)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Luncheon “KFC” (pls sign up)</p> <p>1:45PM- Resident Council (ash 2nd floor)</p>	<p>12</p> <p>Staff education 11:30</p> <p>*Kermit visits morning</p> <p>10:00AM- Sit & Dance w/ Jeff (aspen)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>3:00PM- Saint Patrick’s Craft (aspen)</p>	<p>13</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise (aspen)</p> <p>1:30PM- Bingo (2nd floor ash)</p> <p>~3:00PM- Bible Study (library 3rd floor)</p>	<p>14</p> <p>*Volunteer Programs Today (Subject to change)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p>3:00PM- Eldar on the Piano (greatroom)</p>
<p>15</p> <p>~10:30AM – Interdenominational Newgate Church Service (Chapel)</p> <p>1:30PM- Resident-led Movie Matinee “The Glenn Miller Story” (library)</p>	<p>16</p> <p>*10:00AM- Exercise w/ Chris (aspen)</p> <p>*1:30PM- Horse Races (ash-2nd floor)</p> <p>1:30PM- Jessie the Pony (greatroom)</p>	<p>17</p> <p>10:00AM- Exercise (aspen)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>1:00PM- Hymn Sing w/ Juli (aspen)</p> <p>3:00PM- Blakey O’Brien Kids Irish Dance (greatroom)</p> <p style="text-align: center;"><small>St. Patrick’s Day</small></p>	<p>18</p> <p>10:00AM- 1-1 Visits (aspen)</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise w/ Marian (aspen)</p> <p>1:30PM –Bus Outing- Country Drive to Okotoks (pls sign up)</p>	<p>19</p> <p>10:00AM- Active Drumming w/ Jeff (aspen)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>12:00PM- Luncheon “Chinese” Rescheduled from January (aspen)</p>	<p>20</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise (aspen)</p> <p>2:00PM- Saint Patricks Happy Hour w/ Smokin Toad Revival (ash – 2nd floor)</p> <p>~3:00PM- Bible Study (library 3rd floor)</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>21</p> <p>*Volunteer Programs Today (Subject to change)</p> <p>*11:00AM- Bible Study w/ Volunteer Antony (library 3rd floor)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p>3:00PM- Is it a Man or Woman? Game (aspen)</p>
<p>22</p> <p>~10:30AM – Mass (chapel)</p>	<p>23</p> <p>11:15AM- Guess that TV Tune (aspen)</p> <p>*1:30PM- Horse Races (ash-2nd floor)</p>	<p>24</p> <p>*Kermit visits morning</p> <p>10:00AM- Exercise (aspen)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>2:30PM- New Resident and Family Welcome Tea (greatroom)</p> <p>*5:45PM- SFXC Hymn Sing (aspen)</p>	<p>25</p> <p>10:00AM- Spa w/ Corrina (aspen)</p> <p>~10:30AM – Mass (chapel)</p> <p>2:00PM- Birthday Party w/ Walking on Sunshine (ash – 2nd floor)</p>	<p>26</p> <p>10:00AM- Sit & Dance w/ Jeff (aspen)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>2:00PM- Handbell Choir (chapel)</p>	<p>27</p> <p>~10:30AM – Mass (chapel)</p> <p>11:15AM- Exercise w/ Jeff (aspen)</p> <p>1:30PM- Bingo (2nd floor ash)</p> <p>~3:00PM- Bible Study (library 3rd floor)</p>	<p>28</p> <p>*Volunteer Programs Today (Subject to change)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p>3:00PM- Active Drumming w/ Jeff (aspen)</p>
<p>29</p> <p>~10:30AM – Interdenominational Newgate Church Service (Chapel)</p> <p>1:30PM- Resident-led Movie Matinee “La Bamba” (library)</p> <p style="text-align: center;"><small>Palm Sunday</small></p>	<p>30</p> <p>11:15AM- Spelling Bee (aspen)</p> <p>*1:30PM- Horse Races (ash-2nd floor)</p>	<p>31</p> <p>10:30AM- Health Arts “Singer Songwriter” (chapel)</p> <p>~11:00AM- Rosary (Chapel)</p> <p>3:00PM- Sing-along w/ Jeff (aspen)</p>	<h1 style="font-size: 4em; margin: 0;">March 2026</h1> <p style="font-size: 1.5em; margin: 0;">Aspenwood – 3rd floor.</p>			