

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

EAST

					<p>9:45 Brain Games (EDR) 11:00 Memory Moments (S) <b>1:30 New! Curling! (EDR)</b> 2:45 Friendship Visits</p> <p>May Day</p>	<p>9:45 Home Makers Club (EDR) 11:00 Walking Club (W)</p>
<p>1:30 Chair Exercises (EDR) 2:30 St. Paul's Anglican (CH) 2:45 Trivia (S)</p>	<p>10:00 Colouring and Music (S) 11:00 Building Club (EDR) 1:30 Balloon Bop (EDR) 2:45 Friendship Visits (W)</p>	<p>9:45 Spa Time (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) 1:30 Home Makers Club (S) 2:45 Cards (S) 6:45 Pals Visit (W) <b>7:00 High Country Corral Choir (DR)</b></p> <p>Cinco de Mayo</p>	<p>9:45 Chair Yoga (EDR) <b>10:30 Music From Les (EDR)</b> 11:00 Group Meditation (CH) <b>1:30 Making PB&amp; J sandwiches (S)</b> 3:15 Garden Club (S)</p>	<p>9:15 Hot Towel Service(EDR) 10:00 Doll Therapy (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) <b>1:30 Mothers Day Tea (DR)</b> <b>3:00 Sports with Connect Charter School (EDR)</b></p>	<p>9:45 Read Along (S) 11:00 Memory Moments (S)</p>	<p>1:30 Home Makers Club (EDR) 2:45 Walking Club (W)</p>
<p><b>Ralph S Birthday</b></p> <p>9:45 Chair Exercises (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Word Games (EDR)</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10:00 Colouring and Music (S) 11:00 Balloon Bop (EDR) 1:30 Men's Club (S) 1:30 Hymn Sing (EDR)</p>	<p>9:45 Spa Time (EDR) <b>10:00 Drum Circle (DR)</b> 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) <b>1:30 Country Drive (O)</b> 3:30 Friendship Visits (W)</p>	<p><b>Charmaine D Birthday</b></p> <p>10:00 Music from Dwayne Fettig (EDR) 10:30 Sensory Time (W) <b>1:15 Baking Time: Rice Krispy Squares (S)</b> <b>2:30 Bowling with Connect Charter School (EDR)</b></p>	<p>9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) <b>1:30 Chocolate Milkshake Social (EDR)</b> <b>2:45 Music from the Gregory Brothers (WDR)</b></p>	<p>9:45 Brain Games (EDR) 11:00 Java Music (S)</p>	<p>9:45 Home Makers Club (EDR) 11:00 Walking Club (W)</p> <p>Armed Forces Day</p>
<p>1:30 Chair Exercises (EDR) 2:30 Redeemed Christian Church of God (CH) 2:45 Trivia (S)</p>	<p><b>HAPPY Victoria Day</b></p>	<p>9:45 Spa Time (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) 6:45 Pals Visit (W)</p>	<p>9:45 Chair Yoga (EDR) <b>10:30 Resident Council Meeting (DR)</b> 10:30 Sensory Time (W) 11:00 Group Meditation (CH) <b>1:30 Line Dancing with the Mis Steps (EDR)</b> 2:45 Bingo (S)</p>	<p>9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) <b>1:30 Beach Day Smoothie Social (EDR)</b> 2:45 Ball Games (EDR)</p> <p>Shavuot Begins</p>	<p><b>9:45 Vegetable Prep (EDR)</b> 11:00 Memory Moments (S) 1:30 Table Curling (S) 2:45 Friendship Visits (W)</p>	<p>1:30 Karaoke with Minda (EDR) 2:45 Walking Club (W)</p>
<p>9:45 Chair Exercises (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Word Games (EDR) <b>12:15 Peaceful Piano with Jill (EDR)</b></p>	<p>10:00 Colouring and Music (S) 11:00 Balloon Bop (EDR) 1:30 Men's Club (S) <b>2:15 Music with Lori (EDR)</b> 2:45 Crazy Pants (EDR)</p> <p>Memorial Day</p>	<p>9:45 Spa Time (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) <b>1:30 Stampede City Chorus Choir (EDR)</b> 2:45 Fresh Bread Social (EDR) 3:30 Friendship Visits (W)</p>	<p>9:45 Chair Yoga (EDR) 10:30 Sensory Time (W) <b>1:30 Birthday Party with DJ Warkentin (EDR)</b> <b>2:45 Creative Arts (S)</b> 3:00 East Bible Study (S)</p>	<p>9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) <b>1:30 Ice Cream Sundae Social (EDR)</b> 2:45 Stretch and Flex (S)</p>	<p><b>Marg F Birthday</b></p> <p>9:45 Brain Games (EDR) 11:00 Java Music (S)</p>	<p>9:45 Home Makers Club (EDR) 11:00 Walking Club (W)</p>
<p>1:30 Chair Exercises (EDR) 2:30 Peace Lutheran Church (CH) 2:45 Trivia (S) 3:30 Calendar Distribution (W)</p>						

The calendar is subject to change. Please check the whiteboard for the most up to date information.

EDR-East Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through  
Q-Outing NDR-North Dining Room **Bold**- Special Event