

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

Boxwood – 3<sup>rd</sup> Floor.

<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p>	<p>10:15AM- Montessori (box)</p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Categories w/ Marian (box)</p>	<p><b>10:30AM- Health Arts "Harp" (Chapel)</b></p> <p>~11:00AM- Rosary (Library)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:30PM- Dwyane Fettig (ashwood)</b></p> <p><small>Cinco de Mayo</small></p>	<p><b>9:45AM- Chrysalis Volunteer Group</b> (boxwood dining room)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- Something Good Choir (chapel)</b></p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Ladies Program "Jewelry sorting" (box)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:30PM- Grade 8 Students (aspen)</b></p> <p>~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p> <p>3:45PM- Music Therapy (box)</p>	<p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Bingo (box)</p> <p>3:00PM- Active Games (box)</p> <p><small>May Day</small></p>	<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p><b>10:00AM- Calgary Multi-cultural Choir (chapel)</b></p> <p>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p>
<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>~10:30AM – Interdenominational Newgate Church Service (Chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>1:30PM- Resident-led Movie Matinee "John Wayne – Hatari!" (library)</b></p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p><b>10:30AM- C.C Dancers "Disco" theme (greatroom)</b></p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Ravioli Crockpot Snack w/ Marian (box)</p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Active Drumming w/ Jeff (box)</p> <p>12:00PM- Lunch (dining room)</p> <p>12:00PM- Luncheon "Subway" (pls sign up)</p> <p><b>2:00PM- Resident Spring Concert (greatroom)</b></p> <p><b>6:30PM- Happy Trails Performance (greatroom)</b></p>	<p><b>9:45AM- Chrysalis Volunteer Group</b> (boxwood dining room)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>1:45PM- Resident Council (ash-2<sup>nd</sup> floor)</b></p> <p><b>2:30PM- Grade 8 Students (aspen)</b></p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Men's Program "Name that Tool" (box)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- Happy Hour w/ Luke (ashwood 2<sup>nd</sup> floor)</b></p> <p>~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p>	<p>10:00AM- Morning Movement (box)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Bingo (box)</p>	<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>12:00PM- Lunch (dining room)</p> <p>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p><b>3:00PM- Eldar on the Piano</b></p> <p><small>Armed Forces Day</small></p>
<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p>	<p><b>STAT</b></p> <p><small>Victoria Day (Canada)</small></p>	<p><b>10:30AM- Health Arts "Horn Quartet (Chapel)</b></p> <p>~11:00AM- Rosary (Library)</p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Puzzles and Picture Matching (box)</p>	<p><b>9:45AM- Chrysalis Volunteer Group</b> (boxwood dining room)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- Circle of Rhythm Drum Circle (chapel)</b></p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Ladies Program "House &amp; Home" (box)</p> <p>12:00PM- Lunch (dining room)</p> <p>~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p> <p><small>Shavuot Begins</small></p>	<p>10:00AM- Morning Movement (box)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p>*Time change bingo today</p> <p>3:00PM- Bingo w/ Marian (box)</p>	<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>12:00PM- Lunch (dining room)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p> <p><b>2:00PM- Maryann's Music (greatroom)</b></p>
<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>~10:30AM – Interdenominational Newgate Church Service (Chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>1:30PM- Resident-led Movie Matinee "John Wayne – Legend of the Lost" (library)</b></p>	<p>10:15AM- Montessori (box)</p> <p>12:00PM- Lunch (dining room)</p> <p>3:00PM- Sensory "Scents &amp; Smells" (box)</p> <p><small>Memorial Day</small></p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Active Drumming w/ Jeff (box)</p> <p>12:00PM- Lunch (dining room)</p> <p>1:30PM- Hymn Sing w/ Juli (box)</p>	<p><b>9:45AM- Chrysalis Volunteer Group</b> (boxwood dining room)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- Birthday Party w/ Gifted Sisters (ash – 2<sup>nd</sup> floor)</b></p>	<p>~11:00AM- Rosary (Chapel)</p> <p>11:00AM- Men's Program "Name that Sport" (box)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- High Country Corral (chapel)</b></p> <p>~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p>	<p>10:00AM- Morning Movement (box)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p> <p><b>2:00PM- Happy Hour (ash 2<sup>nd</sup> floor)</b></p>	<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p><b>10:30AM- Studio 88 Kids Piano Recital (greatroom)</b></p> <p>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</p> <p>*2:00PM – Hand in Hand w/ God (library)</p>
<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>~10:30AM – Mass (chapel)</p> <p>12:00PM- Lunch (dining room)</p>	<p>Garden planting in the first week of June.</p>					<p><b>*Volunteer Programs Today</b> (Subject to change)</p> <p>12:00PM- Lunch (dining room)</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

Aspenwood 3<sup>rd</sup> floor.

								<p>1 <b>*Volunteer Programs Today</b> 2 (Subject to change)  <b>10:00AM- Calgary Multi-cultural Choir (chapel)</b>  <b>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</b>  <b>*2:00PM – Hand in Hand w/ God (library)</b></p> <p>~10:30AM – Mass (chapel)  11:15AM- Exercise (aspen)  1:30PM- Bingo (2<sup>nd</sup> floor ash)  May Day</p>	
<p>3 <b>*Volunteer Programs Today</b> (Subject to change)  ~10:30AM – Mass (chapel)</p>	<p>4  <b>11:15AM- Whiteboard Word Games (aspen)</b>  <b>*1:30PM- Horse Races (ash-2<sup>nd</sup> floor)</b>  <b>3:00PM- Ravioli Crockpot Snack (box)</b></p>	<p>5  <b>10:30AM- Health Arts “Harp” (Chapel)</b>  ~11:00AM- Rosary (Library)  <b>2:30PM- Dwyane Fettig (ashwood)</b>  Cinco de Mayo</p>	<p>6  10:00AM- Spa (aspen)  ~10:30AM – Mass (chapel)  11:15AM- Exercise w/ Marian (aspen)  <b>2:00PM- Something Good Choir (chapel)</b></p>	<p>7  10:00AM- Active Drumming w. Jeff (aspen)  ~11:00AM- Rosary (Chapel)  <b>2:30PM- Grade 8 Students (aspen)</b>  ~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p>	<p>8  ~10:30AM – Mass (chapel)  11:15AM- Exercise (aspen)  1:30PM- Bingo (2<sup>nd</sup> floor ash)  <b>2:00PM- Final Choir Rehearsal (chapel)</b></p>	<p>9  <b>*Volunteer Programs Today</b> (Subject to change)  <b>10:30AM- Piano Students Performance (greatroom)</b>  <b>*2:00PM – Hand in Hand w/ God (library)</b>  <b>3:00PM- Mother’s Day Sing-Along w/ Jeff (aspen)</b></p>			
<p>10 <b>*Volunteer Programs Today</b> (Subject to change)  ~10:30AM – Interdenominational Newgate Church Service (Chapel)  <b>1:30PM- Resident-led Movie Matinee “John Wayne – Hatari!” (library)</b>  Mother’s Day  National Skilled Nursing Care Week</p>	<p>11  <b>10:30AM- C.C Dancers “Disco” theme (greatroom)</b>  <b>*1:30PM- Horse Races (ash-2<sup>nd</sup> floor)</b>  <b>3:00PM- Word Games (aspen)</b></p>	<p>12  10:00AM- Exercise (aspen)  ~11:00AM- Rosary (Chapel)  12:00PM- Luncheon “Subway” (pls sign up)  <b>2:00PM- Resident Spring Concert (greatroom)</b>  <b>6:30PM- Happy Trails Performance (greatroom)</b></p>	<p>13  10:00AM- Spa (aspen)  ~10:30AM – Mass (chapel)  11:15AM- Exercise w/ Marian (aspen)  <b>1:45PM- Resident Council (ash-2<sup>nd</sup> floor)</b>  <b>2:30PM- Grade 8 Students (aspen)</b></p>	<p>14  10:00AM- Sit and Dance w/ Jeff (aspen)  ~11:00AM- Rosary (Chapel)  <b>2:00PM- Happy Hour w/ Luke (ashwood 2<sup>nd</sup> floor)</b>  ~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p>	<p>15  ~10:30AM – Mass (chapel)  11:15AM- Exercise (aspen)  1:30PM- Bingo (2<sup>nd</sup> floor ash)</p>	<p>16  <b>*Volunteer Programs Today</b> (Subject to change)  <b>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</b>  <b>*2:00PM – Hand in Hand w/ God (library)</b>  <b>3:00PM- Eldar on the Piano (greatroom)</b>  Armed Forces Day</p>			
<p>17 <b>*Volunteer Programs Today</b> (Subject to change)  ~10:30AM – Mass (chapel)</p>	<p>18  <b>STAT</b>  Victoria Day (Canada)</p>	<p>19  <b>10:30AM- Health Arts “Horn Quartet (Chapel)</b>  ~11:00AM- Rosary (Library)  <b>3:00PM- Name that Tune w/ Jeff (aspen)</b></p>	<p>20  ~10:30AM – Mass (chapel)  11:15AM- Exercise w/ Marian (aspen)  <b>2:00PM- Circle of Rhythm Drum Circle (chapel)</b></p>	<p>21  10:00AM- Active Drumming w/ Jeff (aspen)  ~11:00AM- Rosary (Chapel)  ~3:30PM- Bible Study (library 3<sup>rd</sup> floor)  3:45PM- Music Therapy (aspen)  Shavuot Begins</p>	<p>22  ~10:30AM – Mass (chapel)  11:15AM- Exercise (aspen)  1:30PM- Bingo (2<sup>nd</sup> floor ash)</p>	<p>23  <b>*Volunteer Programs Today</b> (Subject to change)  <b>*2:00PM – Hand in Hand w/ God (library)</b>  <b>2:00PM- Maryann’s Music (greatroom)</b></p>			
<p>24 <b>*Volunteer Programs Today</b> (Subject to change)  ~10:30AM – Interdenominational Newgate Church Service (Chapel)  <b>1:30PM- Resident-led Movie Matinee “John Wayne – Legend of the Lost” (library)</b></p>	<p>25  <b>*10:00AM- Exercise w/ Chris (aspen)</b>  <b>11:15AM- Word Game “To and T” (aspen)</b>  <b>*1:30PM- Horse Races (ash-2<sup>nd</sup> floor)</b>  Memorial Day</p>	<p>26  10:00AM- Exercise (aspen)  ~11:00AM- Rosary (Chapel)  <b>3:00PM- Music w/ Jeff (aspen)</b></p>	<p>27  10:00AM- Spa (aspen)  ~10:30AM – Mass (chapel)  11:15AM- Exercise w/ Marian (aspen)  <b>2:00PM- Birthday Party w/ Gifted Sisters (ash – 2<sup>nd</sup> floor)</b></p>	<p>28  10:00AM- Sit and Dance w/ Jeff (aspen)  ~11:00AM- Rosary (Chapel)  <b>2:00PM- High Country Corral (chapel)</b>  ~3:30PM- Bible Study (library 3<sup>rd</sup> floor)</p>	<p>29  ~10:30AM – Mass (chapel)  11:15AM- Exercise (aspen)  <b>2:00PM- Happy Hour (ash 2<sup>nd</sup> floor)</b></p>	<p>30  <b>*Volunteer Programs Today</b> (Subject to change)  <b>10:30AM- Studio 88 Kids Piano Recital (greatroom)</b>  <b>*11:00AM- Bible Study w/ Volunteer Antony (library 3<sup>rd</sup> floor)</b>  <b>*2:00PM – Hand in Hand w/ God (library)</b>  <b>3:00PM-</b></p>			
<p>31 <b>*Volunteer Programs Today</b> (Subject to change)  ~10:30AM – Mass (chapel)</p>	<p>Garden planting first week of June</p>								