

| Sunday                                                                                                                                                                   | Monday                                                                                                                                                    | Tuesday                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                    | Thursday                                                                                                                                                                                             | Friday                                                                                                                                                  | Saturday                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                         |                                                                                                                                                           | <b>1</b><br>9:45 Spa Time (EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>11:00 Friendship Visits (W)<br>1:30 Home Makers Club (S)<br>2:45 Cards (S)<br>6:45 Pals Visit (W)             | <b>2</b><br>9:45 Chair Yoga (EDR)<br>10:30 Music From Les (EDR)<br>11:00 Group Meditation (CH)<br><b>1:30 Vintage Sports Car Club Show (front parking lot)</b>                                               | <b>3</b><br>9:15 Hot Towel Service(EDR)<br>10:00 Doll Therapy (EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>1:30 Creative Arts (S)<br>2:45 Social Dance (EDR)                                      | <b>4</b><br>9:45 Read Along (S)<br>11:00 Memory Moments (S)<br>1:30 Peanut Butter and Jelly Sandwich Prep (S)<br>3:00 Crazy Pants Game (EDR)            | <b>5</b><br>1:30 Home Makers Club (EDR)<br>2:45 Walking Club (W)                                                                    |
| <b>6</b><br>9:45 Chair Exercises (EDR)<br>11:00 Word Games (EDR)<br>2:30 St. Pauls Anglican (CH)                                                                         | <b>7</b><br><b>Jean H Birthday</b><br>                                   | <b>8</b><br>9:45 Spa Time (EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>11:00 Friendship Visits (W)<br>1:30 Home Makers Club (S)<br>2:45 Fresh Bread Social (EDR)                     | <b>9</b><br>9:45 Chair Yoga (EDR)<br>10:30 Sensory Time (W)<br><b>1:30 Birthday Party for DJ Warkentin (WDR)</b><br>2:45 Bingo (S)                                                                           | <b>10</b><br><b>10:00 Picnic in Fish Creek Park (O)</b><br>10:45 Rosary(CH)<br>11:00 Mass (CH)                                                                                                       | <b>11</b><br>9:45 Brain Games (EDR)<br>11:00 Memory Moments (S)<br><br><small>Rosh Hashanah Begins</small>                                              | <b>12</b><br>9:45 Home Makers Club (EDR)<br>11:00 Walking Club (W)<br><b>2:00 Foothills Caledonia Youth Scottish Pipe Band (DR)</b> |
| <b>Carmel M Birthday 13</b><br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>1:30 Chair Exercises (EDR)<br>2:45 Java Club (S)<br><br><small>Grandparents Day</small>            | <b>14</b><br>10:00 Colouring and Music (S)<br>11:00 Building Club (EDR)<br>1:30 Bible Study (EDR)<br>1:30 Friendship Visits (W)<br>3:00 Balloon Bop (EDR) | <b>15</b><br>9:45 Spa Time (EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>11:00 Friendship Visits (W)<br>1:30 Home Makers Club (S)<br>2:45 Shut the Box (S)<br>6:45 Pals Visit (W)     | <b>16</b><br>9:45 Chair Yoga (EDR)<br><b>10:30 Resident Council Meeting (DR)</b><br>10:30 Sensory Time (W)<br>11:00 Group Meditation (CH)<br>1:30 Baking Time: Smores Brownies (S)<br>2:45 Table Curling (S) | <b>Glen N Birthday 17</b><br>9:15 Hot Towel Service(EDR)<br>10:00 Doll Therapy(EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>1:30 Name that Tune with Laurie (EDR)<br>3:30 Ball Games (EDR)         | <b>18</b><br><b>9:45 Vegetable Prep (EDR)</b><br>11:00 Memory Moments (S)                                                                               | <b>19</b><br>1:30 Home Makers Club (EDR)<br>2:45 Walking Club (W)<br><br><small>Oktoberfest Begins</small>                          |
| <b>Susan B Birthday 20</b><br>9:45 Chair Exercises (EDR)<br>11:00 Word Games (EDR)<br>2:30 Redeemed Christian Church of God (CH)<br><br><small>Yom Kippur Begins</small> | <b>21</b><br>10:00 Colouring and Music (S)<br>11:00 Balloon Bop (EDR)<br>1:30 Men's Club (S)<br>1:30 E Hymn Sing (EDR)                                    | <b>22</b><br><b>9:45 Fall Decorating (EDR)</b><br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>11:00 Friendship Visits (W)<br>2:45 Home Makers Club (EDR)<br><br><small>Autumn Begins</small> | <b>23</b><br>9:45 Chair Yoga (EDR)<br><b>10:00 Oktoberfest with Dwayne Fettig (EDR)</b><br>11:15 Sensory Time (W)<br>1:30 Social Dance (EDR)<br>2:45 Creative Arts (S)                                       | <b>24</b><br>9:15 Hot Towel Service(EDR)<br>10:00 Doll Therapy(EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>1:30 Stretch and Flex (S)<br><b>2:45 Entertainment from the Gregory Brothers (WDR)</b> | <b>25</b><br>9:45 Brain Games (EDR)<br>11:00 Memory Moments (S)<br>1:30 Table Curling (S)<br>3:00 Ladder Golf (EDR)<br><br><small>Sukkot Begins</small> | <b>26</b><br>9:45 Home Makers Club (EDR)<br>11:00 Walking Club (W)                                                                  |
| <b>27</b><br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>1:30 Chair Exercises (EDR)<br>2:45 Java Club (S)                                                                     | <b>28</b><br>10:00 Colouring and Music (S)<br>11:00 Building Club (EDR)<br>1:30 Friendship Visits (W)<br>3:00 Balloon Bop (EDR)                           | <b>29</b><br>9:45 Spa Time (EDR)<br>10:45 Rosary(CH)<br>11:00 Mass (CH)<br>11:00 Friendship Visits (W)<br><b>1:30 Ice cream from A&amp;W (O)</b><br>3:45 Calendar Distribution (W)      | <b>30</b><br><br><b>NATIONAL DAY FOR TRUTH AND RECONCILIATION</b>                                                       | <div> <div> September EAST 2026 </div>  </div>                                                                  |                                                                                                                                                         |                                                                                                                                     |

The calendar is subject to change. Please check the whiteboard for the most up to date information

EDR-East Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through  
O-Outing NDR-North Dining Room **Bold-** Special Event