November 2026

EAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **2:15 Halloween Dancers (EDR)** 2:30 Redeemed Christian Church of God (CH) 2:45 Java Club (S) Daylight Saving Time Ends	**2** 10:00 Colouring and Music (S) 11:00 Building Club (EDR) **1:30 Remembrance Day Ceremony with Legion 285 (L)**	**3** 9:45 Spa Time (EDR) **10:30 Drum Circle (DR)** 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) 1:30 Home Makers Club (S) 2:45 Cards (S) 6:45 Pals Visit (W)	**4** Lucy L Birthday 9:45 Chair Yoga (EDR) **10:30 Entertainment from Les Rhyll (EDR)** **10:30 Rescheduled Resident Council Meeting (DR)** **1:30 Baking Time: Cupcakes (S)** 3:00 Friendship Visits (W)	**5** 9:15 Hot Towel Service(EDR) 10:00 Doll Therapy (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Afternoon Stroll (W) 2:45 Social Dance (EDR)	**6** 9:45 Read Along (S) 11:00 Memory Moments (S) **1:30 Making Peanut Butter and Jelly Sandwiches (EDR)** 2:45 Table Curling (S)	**7** 1:30 Home Makers Club (EDR) 2:45 Walking Club (W)
8 9:45 Chair Exercises (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Word Games (EDR) Diwali (Hindi)	**9** **10:00 Clay Christmas Ornaments (S)** 11:00 Balloon Bop (EDR) 1:30 Men's Club (S) 1:30 East Bible Study (S) 2:00 Creative Art (S)	**10** 9:45 Spa Time (EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) **1:30 Country Drive: Crosses on Memorial Drive (O)**	**11** Neil G Birthday 	**12** 9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Pig Dice (EDR) 2:45 Stretch and Flex (S)	**13** Pat SM Birthday 9:45 Brain Games (EDR) 11:00 Memory Moments (S)	**14** 9:45 Home Makers Club (EDR) 11:00 Walking Club (W)
15 1:30 Chair Exercises (EDR) 2:30 Peace Lutheran (CH) 2:45 Java Club (S)	**16** 10:00 Colouring and Music (S) 11:00 Gentle Touch (EDR) 1:30 Hymn Sing (EDR) 2:30 Balloon Bop (EDR)	**17** **10:15 Lunch at ROAAR Ranch (O)** 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) **1:30 Entertainment from the Gregory Brothers (EDR)** 6:45 Pals Visit (W)	**18** 9:45 Chair Yoga (EDR) 10:30 Sensory Time (W) **1:30 Birthday with Luke Dauphinias (EDR)** 2:45 Friendship Visits (W)	**19** 9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Creative Art (S) 3:15 Ball Games (EDR)	**20** **9:45 Vegetable Prep (EDR)** 11:00 Memory Moments (S)	**21** No Recreation Staff Today
22 No Recreation Staff Today 10:45 Rosary(CH) 11:00 Mass (CH)	**23** 10:00 Colouring and Music (S) 11:00 Balloon Bop (EDR) **2:00 Samaritans Purse Shoe Box Packing Party (L)**	**24** 9:45 Spa Time (EDR) **10:30 Drum Circle (DR)** 10:45 Rosary(CH) 11:00 Mass (CH) 11:00 Friendship Visits (W) 1:30 Home Makers Club (S) 2:45 Fresh Bread Social (EDR)	**25** 9:45 Chair Yoga (EDR) **10:00 Entertainment from Al Barret (EDR)** 10:30 Sensory Time (W) **1:30 Main Lobby Christmas Decorating (L)**	**26** 9:15 Hot Towel Service(EDR) 10:00 Doll Therapy(EDR) 10:45 Rosary(CH) 11:00 Mass (CH) 1:30 Social Dance EDR) 2:45 Stretch and Flex (S) Thanksgiving Day (U.S)	**27** 9:45 Brain Games (EDR) 11:00 Memory Moments (S) **1:30 Christmas Baking: Lumps of Coal (EDR)** 3:00 Friendship Visits (W)	**28** Annette L Birthday 9:45 Home Makers Club (EDR) 11:00 Walking Club (W)
29 1:30 Chair Exercises (EDR) 2:30 St. Pauls Anglican (CH) 2:45 Java Club (S)	**30** 10:00 Colouring and Music (S) 11:00 Building Club (EDR) 1:30 Balloon Bop (EDR) 2:15 Music with Lori (EDR) 2:30 Calendar Distribution (W) 3:30 Friendship Visits (W)					

The calendar is subject to change. Please check the whiteboard for the most up to date information

EDR-East Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through
O-Outing NDR-North Dining Room **Bold**- Special Event