October 2026

WEST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Doll Therapy (WDR) 10:45 Rosary (CH) 11:00 Mass (CH) **12:15 Jane Bond BBQ Order in Day (S)** 3:00 Social Hour (L) 3:30 Independent Activity Rounds (W)	**2** 9:30 Friendship Visits (W) 10:30 Coffee and News (S) 2:00 Bingo (DR) 3:45 Friendship Visits (W)	**3** 9:45 Stretch and Flex (WDR) 11:00 Library Cart (W) 1:00 Saturday Cinema (S) Simchat Torah Begins
4 10:00 Sunday Cinema (S) 1:30 Chair Exercise (WDR) 1:30 Resident Run Knitting (S) 2:30 Peace Lutheran (CH) 2:45 Name That Tune (WDR)	**5** 1:30 Knitting and Colouring (WDR) Resident Run 1:30 Hymn Sing (WDR) **1:30 Art with Kateryna (DR)** 3:30 Cards: Cribbage (DR)	**6** 10:30 Java Club (S) 10:45 Rosary (CH) 11:00 Mass (CH) **11-3 Personal Touch Fashions (L)** 3:30 Rummikub (S) 6:45 Pals Visit	**7** **9:30 Brunch Club: Personal Skillet (please sign up)** 11:00 Group Meditation (CH) 3:30 Walking Club (W)	**8** Carol A Birthday 10:30 Doll Therapy (WDR) 10:45 Rosary (CH) 11:00 Mass (CH) 1:30 Crossword (S) 3:00 Social Hour (L) 3:30 Independent Activity Rounds (W)	**9** 10:30 Word Games (S) 2:00 Bingo (DR) 3:45 Friendship Visits (W)	**10** 10:00 Saturday Cinema (S) 1:30 Armchair Travel (S) 2:45 Trivia (WDR)
11 9:45 Group Sensory (WDR) 10:45 Hooks and Needles (S) 10:45 Rosary (CH) 11:00 Mass (CH) 1:00 Sunday Cinema(S)	**12** 	**13** 10:45 Rosary (CH) 11:00 Mass (CH) 10:45 Java Club (S) 3:15 Crossword (S)	**14** 9:30 Spa Time (WDR) 11:00 Cards: Cribbage (L) **1:30 Fall Leaf Tour (O)** 3:15 Ladder Ball (WDR)	**15** 10:30 Doll Therapy (WDR) 10:45 Rosary (CH) 11:00 Mass (CH) 1:30 Bowling (L) 3:00 Social Hour (L) 3:30 Independent Activity Rounds (W)	**16** 9:30 Independent Activity Rounds (W) **10:Birthday Party with Cole Briggs (EDR)** 2:00 Bingo (DR) 3:45 Friendship Visits (W)	**17** 9:45 Stretch and Flex (WDR) 11:00 Library Cart (W) 1:00 Saturday Cinema (S)
18 10:00 Sunday Cinema (S) 1:30 Social Dance (WDR) 1:30 Resident Run Knitting (S) 2:30 St. Pauls Anglican (CH) 2:45 Balloon Bop (WDR)	**19** 9:30 Independent Activity Rounds (W) **10:00 Baking Halloween Cupcakes (S)** 1:30 Knitting and Colouring (WDR) Resident Run **1:30 Art with Kateryna (DR)** 3:30 Cards: Cribbage (DR)	**20** 10:45 Rosary (CH) 11:00 Mass (CH) 10:30 Java Club (S) **12:15 Order in: Swiss Chalet(S)** **1:30 Creepy Cupcake Decorating (S)** 3:30 Rummikub (S) 6:45 Pals Visit	**21** 10:30 Word Games (S) **10:30 Resident Council Meeting (DR)** 11:00 Group Meditation (CH) 1:15 Friendship Visits (W) **2:00 Happy Gang Choir (DR)** 3:30 Armchair Travel (WDR)	**22** 10:30 Doll Therapy (WDR) 10:45 Rosary (CH) 11:00 Mass (CH) 1:30 Pig Dice(WDR) 3:00 Social Hour (L) 3:30 Independent Activity Rounds (W)	**23** Dean R Birthday 10:30 Coffee and News (S) 2:00 Bingo (DR)	**24** 10:00 Saturday Cinema (S) 1:30 Armchair Travel (S) 2:45 Trivia (WDR)
25 9:45 Group Sensory (WDR) 10:45 Spelling Bee (S) 10:45 Rosary (CH) 11:00 Mass (CH) 1:00 Sunday Cinema(S)	**26** 9:30 Independent Activity Rounds (W) 10:30 Table Curling (S) 1:30 West Bible Study (CH) 1:30 Creative Art (S) 2:15 Music with Lori (EDR) 3:15 Fresh Bread Social (WDR)	**27** 10:45 Rosary (CH) 11:00 Mass (CH) 10:30 Java Club (S) **1:30 Pumpkin Carving/Decorating (WDR)** 3:30 Balloon Bop (WDR)	**28** Pumpkin Carving Voting Begins 9:30 Spa Time (WDR) 10:30 Hooks and Needles (S) **1:30 Mens Club: Air Fryer Wings (S)** 3:15 Tai Chi (WDR)	**29** 10:30 Doll Therapy (WDR) 10:45 Rosary (CH) 11:00 Mass (CH) **1:30 Sing Along with the Gregory Brothers (WDR)** 3:00 Social Hour (L) 3:30 Independent Activity Rounds (W)	**30** Last Day to Vote for Pumpkins 10:30 Word Games (S) **2:00 Costume Bingo (DR)** Dress up and play 2 cards for FREE! **3:30 Fall Sips and Pumpkin Picks (L)** 3:45 Friendship Visits (W)	**31** Tene M Birthday 8:45 Calendar Distribution (W) 9:45 Stretch and Flex (WDR) 11:00 Library Cart (W) 1:00 Saturday Cinema (S) Halloween

The calendar is subject to change. Please check the whiteboard for the most up to date information

WDR-West Dining Room DR-Dining Room S-Sunroom L-Lobby W-Walk through
O-Outing **Bold**- Special Event