November 2026

Boxwood-3rd Floor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) Daylight Saving Time Ends	**2** **11:00am The Act of Remembrance Ceremony (Great Room)** 12:00pm Lunch (Dining Room) **1:30pm** Strolls w/ Jeff (Box)	**3** **10:00am** Spa w/ Corrina (3rd floor) **11:15am** Active Drumming (Box) **~11:00am** Rosary (Chapel) 12:00pm Lunch (Dining Room) **3:00pm Christmas Choir Rehearsal (Chapel)**	**4** ***9:45am** Chrysalis Volunteer Group (Box Dining Room) **~10:30am** Mass (Chapel) **11:15am 15am** Word Games w/ Jeff: A-Z (Box) 12:00pm Lunch (Dining Room) **2:00pm Happy Gang Choir (Chapel)**	**5** **~11:00am** Rosary (Chapel) **11:15am** Balloon Volleyball w/ Jeff (Box) 12:00pm Lunch (Dining Room) **1:30pm Bus Outing ($Please sign-up with recreation)** **~3:30pm Bible Study (3rd floor Library)** **3:45pm Music Therapy w/ Hilary (Box)**	**6** **10:00am** Reminisce w/ Marian: Pets (Box) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) **3:00pm** Bingo w/ Corrina (Box)	**7** ***11:00am** Bible Study w/ Antony (3rd floor Library) 12:00pm Lunch (Dining Room) **2:00pm David Moorsey Cello Recital (Chapel)** ***2:00PM** – Hand in Hand w/ God (Library)
8 ***Volunteer Programs Today** (Subject to change) **~10:30am** Interdenominational Newgate Church Service (Chapel) 12:00pm Lunch (Dining Room) ***1:30pm Resident-led Movie Matinee "The Longest Day" (3rd Floor Library)** Diwali (Hindi)	**9** **10:15am** Montessori w/ Jeff (Box) 12:00pm Lunch (Dining Room) **1:30pm** Active Games w/ Jeff (Box)	**10** **10:30am Health Arts "Guitar" (Chapel)** **~11:00am** Rosary (3rd floor Library) 12:00pm Lunch (Dining Room) **3:00pm** Sticker by Number w/ Corrina (Box)	**11** **~10:30am** Mass (Chapel) **STAT** Veterans Day Remembrance Day (Canada)	**12** **~11:00am** Rosary (Chapel) **11:15am** Active Drumming w/ Jeff (Box) 12:00pm Lunch (Dining Room) **2:00pm Happy Hour w/ Luke Dauphinais (Ash 2nd floor)** **~3:30pm Bible Study (3rd floor Library)**	**13** **10:00am** Morning Movement w/ Marian (Box) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) **1:30pm** Bingo w/ Jeff (Box)	**14** 12:00pm Lunch (Dining Room) ***2:00PM** – Hand in Hand w/ God (Library) **3:00pm Piano with Maryanne (Great Room)**
15 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) ***1:30pm Resident-led Grey Cup Watch Party (3rd Floor Library)**	**16** **10:15am** Montessori w/ Jeff (Box) 12:00pm Lunch (Dining Room) **2pm New Resident Welcome Tea**	**17** **10:00am** Spa w/ Corrina (3rd floor) **11:15am** Active Drumming w/ Jeff **~11:00am** Rosary (Chapel) 12:00pm Lunch (Dining Room) **3:00pm Christmas Choir Rehearsal (Chapel)**	**18** ***9:45am** Chrysalis Volunteer Group (Box Dining Room) **~10:30am** Mass (Chapel) **11:15am** Trivia w/ Jeff (Box) 12:00pm Lunch (Dining Room) **12:00pm Luncheon: Taco Time ($$Please sign-up)** **1:45pm Resident Council (Ash 2nd floor)** **3:00pm Reptiles Presentation (Great Room)**	**19** **~11:00am** Rosary (Chapel) **11:15am** Active Drumming w/ Jeff (Box) 12:00pm Lunch (Dining Room) **1:30pm Outdoor Christmas Decorating** **~3:30pm Bible Study (3rd floor Library)**	**20** **Great Room Decorating** **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) **1:30pm** Bingo w/ Jeff (Box)	**21** **10am-12pm ECYD Youth Group Volunteers (Great Room)** ***11:00am** Bible Study w/ Antony (3rd floor Library) 12:00pm Lunch (Dining Room) ***2:00PM** – Hand in Hand w/ God (Library) ***3:00pm Eldar on the Piano (Great Room)**
22 ***Volunteer Programs Today** (Subject to change) **~10:30am** Interdenominational Newgate Church Service (Chapel) 12:00pm Lunch (Dining Room) ***1:30pm Resident-led Movie Matinee "Harry Potter" (3rd Floor Library)**	**23** **10:15am** Montessori w/ Jeff (Box) 12:00pm Lunch (Dining Room) **1:30pm** Coffee & Chat w/ Jeff Boxwood Sunroom)	**24** **10:30am Health Arts "Saxophone" (Chapel)** **~11:00am** Rosary (3rd floor Library) 12:00pm Lunch (Dining Room) **3:00pm** Mandala w/ Corrina (Box)	**25** ***9:45am** Chrysalis Volunteer Group (Box Dining Room) **~10:30am** Mass (Chapel) **11:15am** Reminisce w/ Jeff: Telephones (Box) 12:00pm Lunch (Dining Room) **2:00pm Birthday Party w/ The Smokin' Toad Revival (Ash 2nd Floor)**	**26** **~11:00am** Rosary (Chapel) **11:15am** Mini Putt w/ Jeff (Box) 12:00pm Lunch (Dining Room) **2:00pm Happy Hour w/ Karaoke (Ash 2nd floor)** **~3:30pm Bible Study (3rd floor Library)** Thanksgiving Day (U.S)	**27** **10:00am** Holiday Decorating w/ Kodi & Jeff (3rd floor) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) **1:30pm** Bingo w/ Jeff (Box)	**28** **10:00am Calgary Multicultural Choir Winter Performance (Chapel)** 12:00pm Lunch (Dining Room) ***2:00PM** – Hand in Hand w/ God (Library) **2:00pm Buncha Divas (Great Room)**
29 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) 12:00pm Lunch (Dining Room) **2:00pm Kid's Choir (Travelling Neighbourhood to Neighbourhood)**	**30** **10:15am** Montessori w/ Jeff (Box) 12:00pm Lunch (Dining Room) **1:30pm** Armchair Travel: Swiss Alps w/ Jeff (Box)					

Kodi Hope – Interim Recreation Therapist Supportive Living khope@fatherlacombe.ca

***Volunteer-led programs** **~Pastoral Care Programs**

November 2026

Aspenwood – 3rd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) Daylight Saving Time Ends	**2** ***10:00am** Exercise w/ Chris (Aspen) **11:00am The Act of Remembrance Ceremony (Great Room)** ***1:30pm Horse Races (Ash 2nd floor)** **3:00pm** Name That Tune w/ Jeff (Aspen)	**3** **10:00am** Spa w/ Corrina (3rd floor) **~11:00am** Rosary (Chapel) **1:30pm** Card/Table Games w/ Jeff (Aspen) **3:00pm Christmas Choir Rehearsal (Chapel)**	**4** **10:00am** Word Games: A-Z w/ Marian (Aspen) **~10:30am** Mass (Chapel) **2:00pm Happy Gang Choir (Chapel)**	**5** **10:00am** Active Drumming w/ Jeff (Aspen) **~11:00am** Rosary (Chapel) **1:30pm Bus Outing ($Please sign-up with recreation)** **~3:30pm Bible Study (3rd floor Library)**	**6** **~10:30am** Mass (Chapel) **11:15am** Exercise w/ Kodi (Aspen) **1:30pm Bingo (Ash 2nd floor)**	**7** ***11:00am** Bible Study w/ Antony (3rd floor Library) **2:00pm David Moorsey Cello Recital (Chapel)** ***2:00PM** – Hand in Hand w/ God (Library)
8 ***Volunteer Programs Today** (Subject to change) **~10:30am** Interdenominational Newgate Church Service (Chapel) ***1:30pm Resident-led Movie Matinee "The Longest Day" (3rd Floor Library)** Diwali (Hindi)	**9** ***10:00am** Exercise w/ Chris (Aspen) **11:15am** Word Ladder w/ Corrina (Aspen) ***1:30pm Horse Races (Ash 2nd floor)** **3:00pm** Music Bingo w/ Jeff (Aspen)	**10** **10:30am Health Arts "Guitar" (Chapel)** **~11:00am** Rosary (3rd floor Library) **1:30pm** Airplane Reminisce w/ Jeff (Aspen) **3:00pm** Sing-A-Long w/ Al (Aspen)	**11** **~10:30am** Mass (Chapel) **STAT** Veterans Day Remembrance Day (Canada)	**12** **10:00am** Exercise w/ Jeff (Aspen) **~11:00am** Rosary (Chapel) **2:00pm Happy Hour w/ Luke Dauphinais (Ash 2nd floor)** **~3:30pm Bible Study (3rd floor Library)**	**13** **~10:30am** Mass (Chapel) **11:15am** Exercise w/ Jeff (Aspen) **1:30pm Bingo (Ash 2nd floor)** **3:00pm** Paper Plane Launchers w/ Corrina (Aspen)	**14** ***2:00PM** – Hand in Hand w/ God (Library) **3:00pm Piano with Maryanne (Great Room)**
15 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) ***1:30pm Resident-led Grey Cup Watch Party (3rd Floor Library)**	**16** ***10:00am** Exercise w/ Chris (Aspen) **11:15am** Family Feud w/ Corrina (Aspen) ***1:30pm Horse Races (Ash 2nd floor)** **2pm New Resident Welcome Tea**	**17** **10:00am** Spa w/ Corrina (3rd floor) **~11:00am** Rosary (Chapel) **1:30pm** Card/Table Games w/ Jeff (Aspen) **3:00pm Christmas Choir Rehearsal (Chapel)**	**18** **10:00am** Word Games: Hangman w/ Marian (Aspen) **~10:30am** Mass (Chapel) **12:00pm Luncheon: Taco Time ($$please sign-up)** **1:45pm Resident Council (Ash 2nd floor)** **3:00pm Reptiles Presentation (Great Room)**	**19** **10:00am** Active Drumming w/ Jeff (Aspen) **~11:00am** Rosary (Chapel) **1:30pm Outdoor Christmas Decorating** **~3:30pm Bible Study (3rd floor Library)** **3:45pm Music Therapy w/ Hilary (Aspen)**	**20** **Great Room Decorating** **~10:30am** Mass (Chapel) **11:15am** Exercise w/ Jeff (Aspen) **1:30pm Bingo (Ash 2nd floor)** **3:00pm** Sticker by Number w/ Corrina (Aspen)	**21** **10am-12pm ECYD Youth Group Volunteers (Great Room)** ***11:00am** Bible Study w/ Antony (3rd floor Library) ***2:00PM** – Hand in Hand w/ God (Library) ***3:00pm Eldar on the Piano (Great Room)**
22 ***Volunteer Programs Today** (Subject to change) **~10:30am** Interdenominational Newgate Church Service (Chapel) ***1:30pm Resident-led Movie Matinee "Harry Potter" (3rd Floor Library)**	**23** ***10:00am** Exercise w/ Chris (Aspen) ***1:30pm Horse Races (Ash 2nd floor)** **3:00pm** Music w/ Jeff: Songs That Take Us to New Heights . (Aspen) ***6:00pm SFXC Hymn Sing (Aspen)**	**24** **10:30am Health Arts "Saxophone" (Chapel)** **~11:00am** Rosary (3rd floor Library) **2:00 – Samaritan's Purse – Shoe Boxes (Great Room)**	**25** **10:00am** Word Games: Name 5 w/ Marian (Aspen) **~10:30am** Mass (Chapel) **2:00pm Birthday Party w/ The Smokin' Toad Revival (Ash 2nd Floor)**	**26** **10:00am** Exercise w/ Jeff (Aspen) **~11:00am** Rosary (Chapel) **2:00pm Happy Hour w/ Karaoke (Ash 2nd floor)** **~3:30pm Bible Study (3rd floor Library)** Thanksgiving Day (U.S)	**27** **10:00am** Holiday Decorating w/ Kodi & Jeff (3rd floor) **~10:30am** Mass (Chapel) **1:30pm Bingo (Ash 2nd floor)** **3:00pm** Armchair Travel: Swiss Alps w/ Corrina (Aspen)	**28** **10:00am Calgary Multicultural Choir Winter Performance (Chapel)** ***2:00PM** – Hand in Hand w/ God (Library) **2:00pm Buncha Divas (Great Room)**
29 ***Volunteer Programs Today** (Subject to change) **~10:30am** Mass (Chapel) **2:00pm Kid's Choir (Travelling Neighbourhood to Neighbourhood)**	**30** ***10:00am** Exercise w/ Chris (Aspen) **11:15am** Categories w/ Corrina (Aspen) ***1:30pm Horse Races (Ash 2nd floor)** **3:00pm** Reader's Theatre: The $100,000 Eyesore w/ Jeff (Aspen)					

Kodi Hope – Interim Recreation Therapist Supportive Living khope@fatherlacombe.ca

***Volunteer-led programs** **~Pastoral Care Programs**